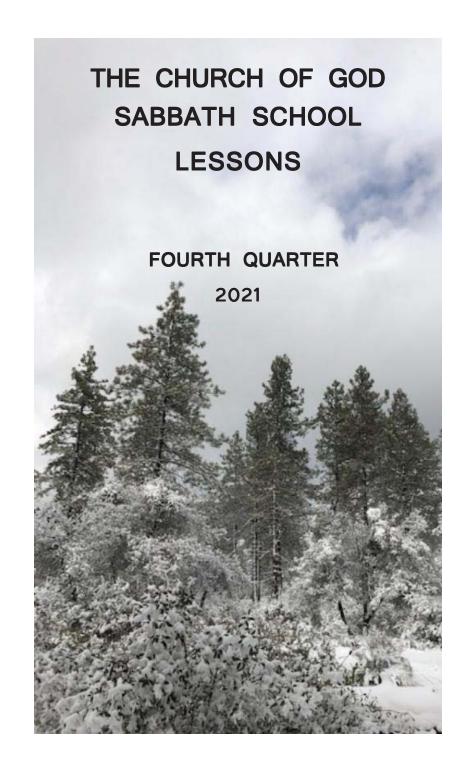
#### THE TEN COMMANDMENTS

- I. Thou shalt have no other gods before me.
- II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.
- III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.
- IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.
- V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
  - VI. Thou shalt not kill.
  - VII. Thou shalt not commit adultery.
  - VIII. Thou shalt not steal.
  - IX. Thou shalt not bear false witness against thy neighbour.
- X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



Lesson For Sabbath, October 2, 2021

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### IN THIS QUARTERLY

In I Corinthians 12:12 we read, "For as the body is one, and hath many members..." we're going to study some of those members so we can agree with David in Psalm 139:14, as we are "fearfully and wonderfully made."

The last four lessons may remind you of an expression I'm sure we all used at one time or another.

As the Apostle wrote to Timothy, "Study to shew thyself approved unto God..." II Timothy 2:15.

Scripture Reading: Genesis 1:24-31 Golden Text: Psalm 139:14

- 1. How did man become man? Genesis 2:7 (first part).
- 2. What else was necessary? Genesis 2:7 (second part).
- 3. Where did the Lord God put Adam? Genesis 2:8, 15.
- 4. What were Adam and Eve instructed to do after they were placed in the Garden? Genesis 1:28.
- 5. Were Noah and his sons given similar instructions? Genesis 9:1, 7.
- 6. What do we read about man's relationship with beast, fowl and fish? Genesis 9:2-6.
- 7. Several early characters of the Bible lived hundreds of years; did the Lord change that? Genesis 6:1-3.
- 8. Was it reduced again? Psalm 90:10.
- 9. When it comes to dying does man have preeminence over the beasts? Ecclesiastes 3:19-20.
- 10. What happens to the breath of life upon death? Ecclesiastes 12:7.
- 11. Do the dead know anything? Ecclesiastes 9:5-6.

### Lesson For Sabbath, October 9, 2021

#### **HEART**

Scripture Reading: Jeremiah 17:1-10

Golden Text: Proverbs 28:26

- 1. Will God hear us when we call? Psalm 4:1-4.
- 2. What else did David write about his heart in this Psalm? Psalm 4:7.
- 3. What are they who keep His testimonies and seek Him with their whole heart? Psalm 119:1-2.
- 4. When we seek Him with our whole heart, is there something we should seek first? Matthew 6:31-34.
- 5. Who shall the pure in heart see? Matthew 5:8.
- 6. Why is the Psalmist's heart glad? Psalm 16:8-9.
- 7. Why will his flesh rest in hope? Psalm 16:10-11.
- 8. Does Peter quote David? Acts 2:25-28.
- 9. What else can make a heart glad? Proverbs 12:25.
- 10. Should we be glad when our enemy falls? Proverbs 24:17-18.

### Lesson For Sabbath, October 16, 2021

### **EYES**

Scripture Reading: Deuteronomy 4:1-19 Golden Text: Proverbs 3:7

- 1. Why are we told not to love the world? I John 2:15-16.
- 2. What will happen to the world and its lusts? I John 2:17.
- 3. How did King David start on the road to adultery and murder? II Samuel 11:1-2.
- 4. It sounds like he ignored the tenth commandment as well. Exodus 20:17 (first part).
- 5. When Achan confesses to Joshua how does the story proceed? Joshua 7:20-21.

NOTE: He saw, coveted, took and hid.

- 6. In the two previous examples it all started with seeing something. What do we read in James? James 1:13-15.
- 7. What are we told about the four beasts that are around the throne? Revelation 4:6.
- 8. When Hanani rebukes King Asa, what do we learn about the eyes of the Lord? II Chronicles 16:7-9.
- 9. Are the eyes of the Lord upon the righteous? Psalm 34:15-18.
- 10. Does the Lord see everything? Proverbs 15:3.

### Lesson For Sabbath, October 23, 2021

### **TONGUE**

Scripture Reading: James 3 Golden Text: James 1:26

- 1. Is a lying tongue among the things the Lord hates? Proverbs 6:16-17.
- 2. What other use of the tongue does the Lord hate? Proverbs 6:19.
- 3. God's feelings are so strong about this that He gave us a commandment. Exodus 20:16.
- 4. Who did the chief priests and elders seek to witness against Jesus? Matthew 26:57-61.
- 5. "He that speaketh truth sheweth forth righteousness..." What does a false witness show? Proverbs 12:17, 20.
- 6. From what does the Psalmist ask to be delivered? Psalm 120:1-2.
- 7. Will a false witness go unpunished? Proverbs 19:5, 9.
- 8. What are the characteristics of a man that beareth false witness? Proverbs 25:18.
- 9. In the Psalm David asks the Lord to plead his cause; how does he end this plea? Psalm 35:1, 26-28.
- 10. When Zacharias' mouth was opened and tongue loosed, what did he do and say? Luke 1:64-68.

NOTE: Praising is much better than lying.

## Lesson For Sabbath, October 30, 2021

### **FEET**

Scripture Reading: Hebrews 12:1-13

Golden Text: Psalm 119:59

- 1. In the list of things the Lord hates what does He say about feet? Proverbs 6:16, 18 (second part).
- 2. What are we to ponder? Proverbs 4:26-27.
- 3. How is a naughty and wicked man described? Proverbs 6:12-14.
- 4. Why is the writer of Psalm 116 happy? Psalm 116:1-2, 8-9.
- 5. What is the word? Psalm 119:105.
- 6. How shall people hear the word? Romans 10:14-17.
- 7. Did the early disciples carry the word forth? Romans 10:18.
- 8. As part of the whole armour of God what goes on our feet? Ephesians 6:14-15.
- 9. When the Jews stirred up the devout women what did Paul and Barnabas do toward them? Acts 13:50-51.
- 10. Why did Jesus wash His disciples' feet? John 13:2-5, 12-15.

# Lesson For Sabbath, November 6, 2021 MIND

Scripture Reading: Philippians 2:1-11 Golden Text: Philippians 3:15

1. What happens to us at baptism? Romans 6:1-3.

2. After this "death" experience how should we walk? Romans 6:4.

3. How are we to present ourselves? Romans 12:1-2.

4. What are we to do with the "old man?" Ephesians 4:17-24.

5. Did Jesus display His feelings?

A. Compassion, Matthew 9:35-36.

B. Love, John 11:5; 13:23.

C. Weeping, Luke 19:41-42.

D. Anger, John 2:13-16.

E. Humility, Matthew 27:11-14; Isaiah 53:7.

6. Since Jesus is our example, the following verses from our Scripture reading express it the best. Philippians 2:5-8.

## Lesson For Sabbath, November 13, 2021 EARS AND HEARING

Scripture Reading: Proverbs 22:1-17 Golden Text: Proverbs 23:12

1. What will a wise man do? Proverbs 1:4-8.

2. Should we stop our ears at the cry of the poor? Proverbs 21:13.

3. Is it a good idea to speak into the ear of a fool? Proverbs 23:9.

4. What is it like if we meddle where we don't belong? Proverbs 26:17.

5. During His sermons Jesus would urge intent listening. Matthew 11:7-15; 13:9.

6. While the disciples understood the parables, what did Jesus say about the other people? Matthew 13:10-11, 13.

7. Does Paul write as much? Acts 28:25-28.

8. How is the character of Christ's reign described? Isaiah 11:1-3; But, verses 4-5.

9. Did Jesus heal the deaf? Mark 7:31-37.

10. What incident brought Jesus and Malchus together? John 18:2-10.

## Lesson For Sabbath, November 20, 2021 MOUTH

Scripture Reading: Proverbs 10:11-32 Golden Text: Proverbs 2:6

Golden Text: Proverbs 2:0

1. When Moses complained to the Lord about his being slow to speech what do we read? Exodus 4:10-12.

- 2. Do we read something similar in the New Testament? Luke 12:11-12.
- 3. What does David express in the early verses of Psalm 34? Psalm 34:1-4.
- 4. Has he been given a new song? Psalm 40:1-3.
- 5. Is it right to bless God and curse men out of the same mouth? James 3:9-13.
- 6. Are we warned about speaking evil of one another? James 4:7-11.
- 7. How did Jesus respond when the Pharisees said He cast out devils by Beelzebub? Matthew 12:22-24, 34-47.
- 8. Of what did Paul remind the Corinthians? I Corinthians 12:1-2.

NOTE: Dumb meaning voiceless or mute, not about to speak.

- 9. When the prophets of Baal tried to compete with Elijah, did they hear their god speak to them? I Kings 18:25-29.
- 10. In additional instructions to His disciples what do we read? Luke 21:12-15.

## Lesson For Sabbath, November 27,2021

### HANDS AND KNEES

Scripture Reading: Exodus 9:22-33

Golden Text: Luke 9:62

- 1. When Jesus healed a leper did He touch him? Mark 1:40-43.
- 2. What were the scribes and Pharisees complaining about to Jesus? Matthew 15:1-2; His answer, verses 10-11.
- 3. Did Jesus lay His hands on the children? Matthew 19:13-15.
- 4. Why is the one Apostle called "Doubting Thomas?" John 20:19-28.
- 5. After proper baptism, what else is necessary to receive the Holy Spirit? Acts 8:14-17; I Timothy 4:14.
- 6. What is part of the curses in Deuteronomy 28? Deuteronomy 28:15, 35.
- 7. When Elijah thought he was the only one left to serve the Lord, what did he learn? I Kings 19:8-10, 15-18.
- 8. How should we come before the Lord? Psalm 95:1-6.
- 9. Did the Roman soldiers bow their knees before Jesus when they mocked Him? Matthew 27:27-29.
- 10. While they mocked Him at that time, what will happen in the future? Philippians 2:9-11.

## Lesson For Sabbath, December 4, 2021 STICKS

Scripture Reading: Ezekiel 37:15-28

Golden Text: Matthew 12:25

1. Who reigned in Israel after Solomon? I Kings 11:41-43.

2. What was he asked to do for the people? I Kings 12:1-4.

3. How was he advised by the old men? I Kings 12:5-7.

4. Did he do what they suggested? I Kings 12:8-13.

5. What happened as a result of his answering the people roughly? I Kings 12:16-20.

NOTE: His actions split the kingdom in two and now there is a kingdom of Israel and a kingdom of Judah.

6. Who do the two sticks represent? Ezekiel 37:16-17.

7. After Israel is regathered, what will happen? Ezekiel 37:21-22.

NOTE: There are no lost tribes as some teach.

8. Where did Jesus send His disciples. Matthew 10:5-6.

NOTE: Lost in this verse refers to their spiritual condition.

- 9. When Israel is regathered, who will be their King? Ezekiel 37:24-25.
- 10. Who is the Good Shepherd? John 10:11-16.

## Lesson for Sabbath, December 11, 2021

### **STONES**

Scripture Reading: Exodus 28:1-21

Golden Text: I Peter 2:6

- 1. What stones were in the Garden of Eden? Genesis 2:8-12.
- 2. When Jacob went to Haran, what did he do? Genesis 28:10-11, 18-22.
- 3. How did Jacob and Laban make a covenant? Genesis 31:44-48.
- 4. While many do not think so, the commandments were written in stone. Exodus 24:12; Deuteronomy 4:13.
- 5. After the Lord spoke the commandments at Mount Sinai what other instructions were given? Exodus 20:23-25.
- 6. How did Solomon prepare to build the temple? I Kings 5:13-18.
- 7. Was any tool of iron heard in the house? I Kings 6:7.
- 8. What did John the Baptist say to the Pharisees and Sadducees? Matthew 3:5-9.
- 9. Who was the stone the builders rejected? Matthew 21:42-44; Acts 4:10-11.
- 10. How about the stone that was cut out without hands? Daniel 2:31-35, 44-45.

### Lesson For Sabbath, December 18, 2021

### **BREAK**

Scripture Reading: Exodus 34:10-17

Golden Text: Exodus 23:24

- 1. If the plague of leprosy returns again to a house what is to be done? Leviticus 14:43-45.
- 2. How were the Israelites to deal with the people God delivered into their hands? Deuteronomy 7:1-5; 12:1-3.
- 3. Did Gideon promise to break down the tower in Penuel? Judges 8:4-9.
- 4. Did he carry out his promise? Judges 8:15-17.
- 5. Is there a time to break down? Ecclesiastes 3:1-3.
- 6. Who is God near? Psalm 34:18.
- 7. Were any of the Passover lamb's bones to be broken? Exodus 12:43-46.
- 8. Were any of Christ's bones to be broken? John 19:31-36; Psalm 34:20.
- 9. What happened to the hinderpart of a ship during a storm? Acts 27:37-41.
- 10. Did the broken pieces actually help some of the prisoners? Acts 27:42-44.

## Lesson For Sabbath, December 25, 2021

#### **BONES**

Scripture Reading: Ezekiel 37:1-14

Golden Text: Ezekiel 36:28

- 1. What is the message to the mountains of Israel? Ezekiel 36:1-8.
- 2. What else will happen? Ezekiel 36:9-11.
- 3. Are their "sins" reviewed? Ezekiel 36:16-20.
- 4. Why are we told all of this was done? Ezekiel 36:21-23.
- 5. Will they be cleansed and given a new heart? Ezekiel 36:24-27; Hebrews 8:8-10.
- 6. In what condition are their bones? Ezekiel 37:1-2.
- 7. Who do these bones represent? Ezekiel 37:11.
- 8. "Can these bones live?" Ezekiel 37:3-6, 12-14.
- 9. When Jesus returns, what will happen to Israel? Zechariah 12:8-10; 13:6.
- 10. Will they continue to live there in the promised land? Ezekiel 36:28-38.