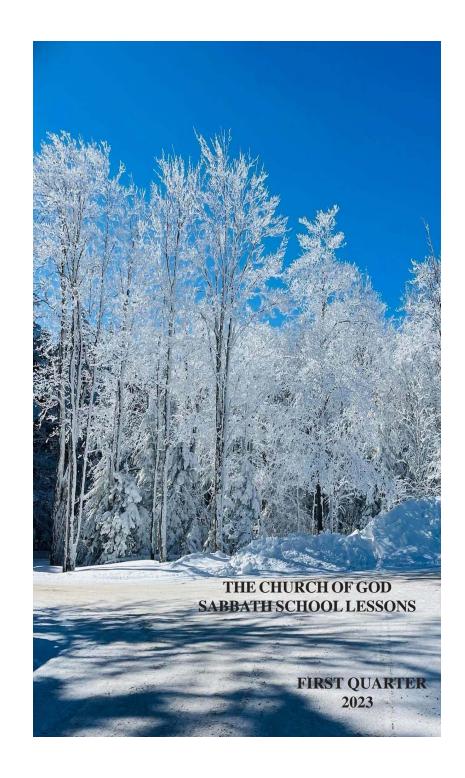
THE TEN COMMANDMENTS

- I. Thou shalt have no other gods before me.
- II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.
- III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.
- IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.
- V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
 - VI. Thou shalt not kill.
 - VII. Thou shalt not commit adultery.
 - VIII. Thou shalt not steal.
 - IX. Thou shalt not bear false witness against thy neighbour.
- X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



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IN THIS QUARTERLY

When we live the way God wants us to live, we are blessed and benefit because we have made the right choice. In other instances, man has received a blessing before he has embarked on his journey. We will note that even the creatures of the water and fowls of the air were blessed.

We are reminded how the flowers grow, yet without toiling. Our Father sees that we have what we need and promises a more blessed creation. Secure your future by making your calling and election sure.

Lesson For Sabbath, January 7, 2023

BLESSED

Scripture Reading: Psalm 119:1-16. Golden Text: Psalm 112:1.

1. After God created man, what did He do? Genesis 1:27-28; 5:1-2.

NOTE: In being blessed man has an opportunity to adore God. He gives them permission to go forth. They (man) show adoration and obedience by doing what they were sent forth to do.

- 2. What else was blessed? Genesis 1:20-22.
- 3. Was anything else blessed during Creation? Genesis 2:1-3.

NOTE: Blessed man enjoys a blessed day to rest from his labors and worship God.

- 4. After the Flood what do we read? Genesis 9:1.
- 5. What was Abram told of blessings in the early part of his covenant with the Lord? Genesis 12:1-3.
- 6. When Abram met Melchizedek what took place? Genesis 14:17-20.
- 7. While the promise is to come through Isaac, what did Ishmael receive? Genesis 17:15-21.
- 8. When an angel spoke a second time to Abraham what did he say? Genesis 22:15-18.
- 9. What is said of the obedient servant? Matthew 24:44-46.
- 10. Does Paul write about giving? Acts 20:35.

Lesson For Sabbath, January 14, 2023

BENEFITS

Scripture Reading: Psalm 68:1-18.

Golden Text: Psalm 68:19.

1. What is said of the earth by David? Psalm 24:1.

NOTE: As God blesses us we can benefit others.

- 2. How is Abram's wealth described when he leaves Egypt? Genesis 13:1-2.
- 3. After Abraham remarried what did he do with his wealth? Genesis 25:1-2, 5-6.
- 4. Because the Israelites did according to the word of Moses, how else did they benefit when they left Egypt? Exodus 12:35-36.

NOTE: Footnotes indicate borrowed means asked and lent means gave.

5. After David smote Moab what do we learn about gifts? II Samuel 8:1-2.

NOTE: Gifts means paid tribute.

- 6. Does the Psalmist remind us not to forget? Psalm 103:1-3.
- 7. While benefits and gifts are identified in Scripture what did Elkanah do? I Samuel 1:1, 4-5.
- 8. What was Daniel promised by the King by way of the Chaldeans? Daniel 2:5-6, 46-48.
- 9. After the handwriting appeared on the wall what was Daniel promised for the interpretation? Daniel 5:16. Daniel's response? 5:17.
- 10. What are we allowed to covet? I Corinthians 12:27-31; 13:8-13.

Lesson For Sabbath, January 21, 2023

SOME THINGS ARE FREE

Scripture Reading: Matthew 10:1-16. Golden Text: Psalm 54:6.

- 1. Did Adam and Eve have to give God anything but their obedience? Genesis 2:15-17.
- 2. What was promised to the Israelites who killed Goliath? I Samuel 17:20-25.
- 3. How was Cyrus able to restore the temple? Ezra 1:1-4.
- 4. If Israel would return to the Lord, what does Hosea write? Hosea 14:1-4.
- 5. What will the truth do for us? John 8:30-32.
- 6. What do we receive when we are baptized? Acts 2:38.

NOTE: This gift will help save our lives.

- 7. How did Paul become a Roman? Acts 22:25-28.
- 8. How were we justified? Romans 3:21-24; 5:17-18.
- 9. What will freedom from sin bring us? Romans 6:17-23.

NOTE: What greater gift could we hope for...everlasting life.

10. What will the Alpha and Omega give us? Revelation 21:6; 22:17.

Lesson For Sabbath, January 28, 2023

AROUND THE THRONE

Scripture Reading: Isaiah 66. Golden Text: Psalm 11:4.

1. Where did the Lord prepare His throne? Psalm 103:19.

2. Should we swear by heaven? Matthew 5:34-35.

3. Where is our High Priest? Hebrews 8:1-2.

4. What is round about the throne? Revelation 4:1-3.

NOTE: Remember the rainbow covenant.

- 5. How many elders are around the throne? Revelation 4:4.
- 6. What do the seven lamps represent? Revelation 4:5; Isaiah 11:1-2.
- 7. How is the sea of glass described? Revelation 4:6 (first part), Revelation 15:1-2.
- 8. Besides the twenty-four elders, who else is there? Revelation 4:6 (second part).
- 9. How are the beasts described? Revelation 4:7-8.
- 10. What do they do to worship God? Revelation 4:9-11.

Lesson For Sabbath, February 4, 2023

EYES OF THE LORD

Scripture Reading: I Peter 3:8-17.

Golden Text: Proverbs 5:21.

- 1. In a previous lesson we learned about the four beasts around the throne, what do they have before and behind? Revelation 4:6.
- 2. What do the eyes of the Lord do all the time? II Chronicles 16:9.
- 3. Does God see everything? Job 34:12-21.
- 4. What does Jeremiah write about Israel? Jeremiah 16:14-17.

NOTE: His ability to see his children has not changed.

- 5. In the midst of the throne, the four beasts and the elders, what do we find? Revelation 5:6 (first part to the word slain).
- 6. What does the Lamb have? (second part starting with having seven _) in Revelation 5:6; Isaiah 11:2.
- 7. Zerubbabel is to restore the temple; how is it written by Zechariah? Zechariah 4:8-10.

NOTE: Zerubbabel shall finish the work and the Lord will see to it and watch over the work.

8. Why did evil come upon Israel? Daniel 9:13-14.

NOTE: The Lord watched all the evil.

- 9. Did the Lord see evil during Noah's day? Genesis 6:5, 12.
- 10. How about during Lot's time? Genesis 18:20-21.

Lesson For Sabbath, February 11, 2023 EYES OF MAN

Scripture Reading: Genesis 3:1-13. Golden Text: Proverbs 3:7.

1. What did Eve see? Genesis 3:6.

2. How are some actions described in Proverbs? Proverbs 16:2.

3. Did the Israelites see God when the commandments were given? Deuteronomy 4:10-12.

4. What reason was given by Moses as to why they did not see any similitudes? Deuteronomy 4:13-19.

NOTE: He did not want them to create an idol or graven image.

5. Did Elijah see God? I Kings 19:8-12.

NOTE: He experienced the wind, earthquake, and fire but it says the Lord was not in them.

- 6. When Phillip asked Jesus to show them the Father, How does He respond? John 14:5-10.
- 7. How did the sin of Achan start? Joshua 7:19-21.
- 8. What sequence of events preceded David's great sin? II Samuel 11:1-2.

NOTE: Both Achan and David were driven by what they saw.

- 9. How does John present the pitfalls of the world? I John 2:15-17.
- 10. How are we cautioned by James? James 1:12-15.

Lesson For Sabbath, February 18, 2023 HERE COMES THE JUDGE!

Scripture Reading: Revelation 19:11-21. Golden Text: Isaiah 9:7.

- 1. Does the Father judge men? John 5:20-22.
- 2. Why has Jesus been given the authority to execute judgment? John 5:25-27.
- 3. Why is His judgment just? John 5:28-30.
- 4. What is the source of His power? Isaiah 11:1-2.
- 5. What will be the character of His reign? Isaiah 11:3-5.
- 6. How did Jesus instruct the Jews to judge? John 7:14-16, 20-24.
- 7. According to Acts, what will happen on an appointed day? Acts 17:29-31.
- 8. Does Paul call Jesus the righteous judge? II Timothy 4:7-8.
- 9. What happens at the great white throne? Revelation 20:11-15.
- 10. Before destroying Sodom and Gomorrah how does Abraham address the Lord? Genesis 18:20-25.

Lesson For Sabbath, February 25, 2023 PERSECUTION AND HATRED

Scripture Reading: Luke 14:25-35.

Golden Text: John 15:18.

NOTE: Before entering the waters of baptism it is important to understand the consequences. Our Scripture reading tells us to count the cost.

- 1. What does Jesus say about His disciples in His prayer of intercession? John 17:13-17.
- 2. Had Jesus warned them? John 15:18-20.
- 3. Did people have a reason to hate Christ? John 15:25; Psalm 35:19; 69:4 (first part).
- 4. What is written in the beatitudes about persecution? Matthew 5:10-12.
- 5. How does Jesus explain what is necessary to follow Him? Matthew 16:24-25.
- 6. Paul describes his life to Timothy. II Timothy 3:10-11.
- 7. What does he tell Timothy about all who live godly? II Timothy 3:12.
- 8. What do we need to do to ensure a place in the kingdom? Matthew 10:17-22; 24:13.
- 9. Does love help with enduring? I Corinthians 13:4-7.
- 10. How else can we help ourselves? Matthew 5:44

Lesson For Sabbath, March 4, 2023

MARY, THE MOTHER OF JESUS

Scripture Reading: Matthew 1:18-25. Golden Text: Luke 1:28.

NOTE: Being blessed to her meant being highly favored to give birth to and mother of the Christ child. It is not a title.

- 1. How did Mary conceive since she knew "not a man"? Luke 1:34-35.
- 2. Who else experienced a miracle at this time? Luke 1:36-37.
- 3. How did Mary respond? Luke 1:38.

NOTE: Elizabeth gave birth to John the Baptist who would be Jesus' cousin.

- 4. After Jesus was born did Mary and Joseph follow the law of Moses? Luke 2:21-24.
- 5. Who is to save the people from their sins, Mary or Jesus? I Timothy 1:15.
- 6. While one man sinned, who brought the gift of grace? Romans 5:12-15.
- 7. Where did Jesus come from and where does He reside now? John $3{:}13$.

NOTE: While some claim Mary is in heaven, Scripture does not support that teaching.

8. How many mediators are there between God and man? I Timothy 2:5.

NOTE: Mary cannot be a mediatrix.

- 9. Did Mary have other children? Mark 6:1-3.
- 10. Who is going to return for us? John 14:1-3; Revelation 3:11-12.

NOTE: While Mary was highly favored, she is dead and buried waiting for her reward like the rest of us.

Lesson For Sabbath, March 11, 2023 NAMES AND TITLES OF JESUS

Scripture Reading: Acts 4:1-12.

Golden Text: Acts 2:36.

1. How does Moses refer to Jesus? Deuteronomy 18:15.

2. How does Jesus refer to Moses? John 5:39, 45-47.

3. What does the writer of Hebrews tell us about Jesus and Moses? Hebrews 3:1-6.

NOTE: Hebrews confirms what Moses wrote about 1500 years before.

- 4. What are some of the names Isaiah attributes to Jesus. Isaiah 9:6.
- 5. How does John the Baptist identify Jesus? John 1:29, 34.
- 6. Why is Jesus called the Lamb of God? I Corinthians 5:6-7.
- 7. When Nathanael meets Jesus, what does he call Him? John 1:45-49.
- 8. In Revelation 15, what is Jesus called? Revelation 15:1-3.
- 9. When Jesus returns with the saints, what do we learn? Revelation 19:11-16.
- 10. Since Jesus has a name above every other name, what will happen? Philippians 2:5-11.

Lesson for Sabbath, March 18, 2023

THE PASSOVER

Scripture Reading: Exodus 12:1-14. Golden Text: John 1:29.

- 1. Why was Israel to keep the Passover? Exodus 12:21-23.
- 2. Were they to explain this observance to their children? Exodus 12:25-27.
- 3. Was this the only time they were to observe this ordinance? Exodus 12:24.
- 4. What happened at midnight? Exodus 11:4-6; 12:29.
- 5. How prepared and ready were the Israelites to be when they ate the Passover? Exodus 12:11.

NOTE: Israel was forewarned and given a time of deliverance. We have been forewarned, but like Jesus, we do not know the day or hour.

- 6. How are we to prepare for Christ's return? Mark 13:34-37.
- 7. After all the firstborn died, how did Pharaoh and the Egyptians react? Exodus 12:30-36.
- 8. Did Israel keep the Passover in the wilderness of Sinai? Numbers 9:1-5.
- 9. Was the Passover observed under Joshua? Joshua 5:2-10.
- 10. What did Jesus celebrate before He was betrayed in the garden? Matthew 26:17-21.

Lesson For Sabbath, March 25, 2023

THE LORD'S SUPPER

Scripture Reading: Mark 14:12-26.

Golden Text: John 6:53.

1. After the Passover meal what did Jesus do for His disciples? John 13:4-5, 12-17.

NOTE: This act of humility is done before taking the unleavened bread and fruit of the vine.

- 2. What else is instituted at this time? Luke 22:19-20.
- 3. Why was Christ's blood shed? Matthew 26:27-28.
- 4. What else did His blood do for us? Acts 20:28; I Peter 1:18-19.
- 5. How does Jesus refer to Himself in John 6? John 6:32-35, 48.
- 6. How important is it to partake of these emblems? John 6:49-53.
- 7.Why? John 6:54-58.
- 8. John called Jesus the Lamb of God (John 1:29). But what does Paul call Him? I Corinthians 5:7.
- 9. What do we memorialize when we come together to keep this Supper? I Corinthians 11:26; Exodus 13:10; Hebrews 10:17-20.
- 10. Because it is a memorial of Christ' death, what does Paul write about spiritual condition? I Corinthians 11:27-30.